

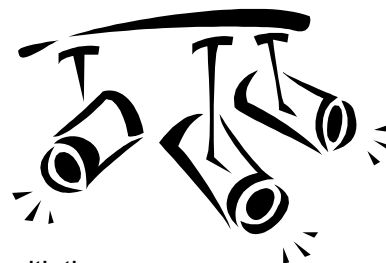
HEAD LINES

Summer 2003



Brain Injury Services Unit
Division of Mental Health
Dept. for Mental Health & Mental Retardation Services
100 Fair Oaks Lane 4W-C
Frankfort, Kentucky 40621
(502) 564-3615
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Provider Spotlight *Louisville Independent Case Management*



Louisville Independent Case Management, LLC was formed in May 2001 as a new mother's dream of working from home in order to spend more time with her new baby. After a seven year career as a vocational rehabilitation counselor with the Kentucky Department of Vocational Rehabilitation, Amy Newkirk, MRC, CRC, CCM founded Louisville Independent Case Management with the dream of providing quality case management services to individuals with brain injuries. She slowly built up her caseload using her philosophy of "commitment to the individual, education, empowerment, advocacy, and the willingness to try different approaches." As the caseload grew, Amy was joined by her husband, Eric, in July 2002. Eric brings over 10 years of experience in therapeutic recreation with persons with disabilities, including psychiatric, developmental, and visual disabilities.

While the primary focus of business has been ABI Waiver Case Management, Louisville Independent Case Management became certified to provide Support Coordination for the Supports for Community Living Waiver in July 2002. While working with this waiver, "we discovered that there are a number of individuals with brain injuries being served in the SCL Waiver," says Newkirk. "It is our hope and dream to advocate for the develop-

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RISK MANAGEMENT

How do you cure a crisis? With a big dose of prevention!

- Heads up! Stay involved and be proactive
- Assure the best possible care, welfare, safety, and security to the individuals you serve
- The best possible way to prevent a crisis is to identify the risk early and manage it
- Monitor incidents, look for similar causal factors and develop a strategy to prevent them from reoccurring
- Handle precipitating factors in a 'least intrusive to most intrusive' hierarchy
- Team Communication about risk and safety procedures is a MUST
- Educate yourself and the team to the injury and past risk
- Find ways to reduce risk
- Find out what works and what doesn't work, be individualized
- Monitor the effectiveness of your risk management



If you have questions, please contact Leslie Bland at (502) 564-3615.

Louisville Ind. Case Mgmt., continued

ment of SCL providers with more skills in serving persons with brain injuries to further meet the long-term care needs for Kentucky's residents with brain injuries." Louisville Independent Case Management has a growing SCL caseload and is enjoying branching out into the arena of developmental disability services.



Louisville Independent Case Management has a contract with Brian K. Gettelfinger, LCSW to provide counseling services under the ABI Waiver. Brian has considerable brain injury experience from working with individuals in Kaleidoscope's Brain Injury Program. By adding Brian to Louisville Independent Case Management's staff, they have been able to meet the needs of people who are looking for an individual counselor. Brian can see people in their office, but has typically been providing counseling in individuals' homes where he gains a true sense of their home environment and family relationships.

Louisville Independent Case Management is beginning a contract with Jason Simmons, MS, BCBA of Clinical Behavioral Analysis in the near future. Jason and his team of behavioral analysts will be providing behavior supports through the SCL Waiver. Jason and his team bring several years of experience in completing functional behavioral analyses, and designing and implementing behavioral plans. Louisville Independent Case Management is also actively recruiting a behavior programming professional to provide behavior programming through the ABI Waiver.

Louisville Independent Case Management is also happy to welcome its newest case manager to the Louisville Independent Case Management family. Beginning June 2, 2003, Stephanie Jarboe, RN, CCM, will be working as an ABI Waiver Case Manager and SCL Support Coordinator. Stephanie brings her medical/nursing expertise and traumatic brain injury case management experience to the table and will be developing her caseload. The addition of a qualified medical professional will increase their knowledge and skills in the medical aspects of case management and disability.

Louisville Independent Case Management is active with the Brain Injury Association of Kentucky and other advocacy efforts. Amy is currently serving a two year term as a board member for BIAK, and both Amy and Eric have been involved with grassroots efforts to advocate for needed services for individuals with brain injuries. In addition, Amy and Eric are in a partnership with Healthsouth Rehabilitation Hospital in Elizabethtown to facilitate a monthly brain injury support group in Elizabethtown. The group has an active core of members who attend monthly and is always welcoming new members.

Finally, they are excited to have moved their business from their home office to a new office suite at 2210 Goldsmith Lane, Suite 106, Louisville, KY in May 2003. As their business expanded, they found the need to increase office space for greater efficiency and better quality service. The office suite also has meeting space available for team meetings, trainings, and other gatherings. They would love to have visitors, so please feel free to drop by and see them! Also, if you need additional information about the agency or would like to see how they can meet your case management needs, please contact them at 502-452-9089.

Friendly Reminders for All Providers

The following are helpful hints and/or reminders to help ensure uninterrupted services to ABI Medicaid Waiver recipients:

Provision of Services:

If you are having difficulty providing services to an ABI participant, notify the case manager as soon as possible and request a team meeting.

- This is especially important when the provider does not have adequate staff to provide the services, or when the participant is refusing or is unable to participate in services identified in the Plan of Care. Because the provider is reimbursed for services delivered to the recipient per the Plan of Care, the provider is at risk for recoupment if those services are not delivered for extended periods.
- It is the interdisciplinary team's responsibility to address this issue with the participant and to help the participant resolve it.
- If the team needs assistance with the situation, please contact the Brain Injury Services Unit. If we cannot help directly, we will make every effort to identify someone who can.
- Case manager's shall monitor all services received by an ABI waiver participant, ensuring that services are being provided in accordance with their approved plans of care.

New ABI Waiver Clients:

When contacted by a person stating they have an allocation of funding for the ABI Waiver program, you must see a copy of the allocation letter issued by our office or call us to verify that the person indeed has an allocation. Further, please let us know the status of any new clients (i.e., awaiting DCBS approval, etc.)

Residential vs. Emergency Waiting List Criteria

The eligibility criteria for emergency status on the ABI waiting list and the eligibility criteria for community residential services are not the same:

Community Residential Services criteria:

Individuals not living with a caregiver, Individuals who currently reside with a caregiver, but who are demonstrating maladaptive behavior that places themselves, their caregivers, or others at significant risk of injury or jeopardy and the caregiver is unable to effectively manage the behavior or the risk it presents, resulting in the need for removal from the home to a more structured setting; and persons whose behaviors may result in legal problems if not ameliorated.

Emergency Status on the ABI Waiting List:

The individual is demonstrating behavior that places himself/herself, the caregiver, or others at risk of significant harm; or the individual is demonstrating behavior which has resulted in arrest.

It is very important that all written documentation supporting all requests be very detailed and explicit and must clearly address all the risks an individual presents to himself or others.

Supervision

Case management provider agencies shall supervise a case manager, ensure 24-hour availability of necessary ABI waiver services and ensure that an ABI waiver participant's health, welfare, and safety needs are met.

Provider agencies shall conduct periodic and regularly scheduled supervisory visits of all professional and paraprofessional direct service staff at the service site. Documentation of these supervisory visits should be placed in each individual's personnel records.

Training

Cerebral Dominance: The Left, Right, and Middle Brain

Wednesday, July 30th- 8:30-3:30pm
Holiday Inn South, Louisville
877-246-6336 for more information.

PROFESSIONAL SEMINAR SERIES

The following continuing education opportunities will be held at the Frazier Rehab Center in Louisville from 4:30-6:00 p.m. Wednesdays, 4th Floor Activity Room. For more information call (502) 582-7484.

Sept. 12 Spinal Cord Injury Summit*

Oct. 14 Advanced Treatment of Spasticity

Nov 5/11 To be announced

Dec 9 Transfers of Patients with Spinal Cord Injury

2003 Inservice Itinerary NRP Conference Room- Frazier

July 3 Entitlement to Social Security Benefits

Sep 5 Suicide, and Medtronic Neurological Therapies-

Nov 7 Medtronic Neurological Therapies

BASIC TRAINING

The following trainings will be held tentatively at the Elizabethtown Tourism and Convention Center. Please contact BIAK at (502) 493-0609 to register or for more information. Location and dates are subject to change. Trainings are held from 8:30am-5:00pm.

June 24--25, 2003

ABI CASE MANAGEMENT TRAINING

Please contact Alice Blackwell at (502) 564-3615 for more information and to sign-up for training.

CASE MANAGER MEETING

June 12, 2003- Frankfort

MENTAL HEALTH INSTITUTE

The Annual Mental Health Institute is set for September 30-October 2 at the Executive West in Louisville.

TBI/SUBSTANCE ABUSE WEB-CAST

June 19, 2003 1:00-3:00pm EST: See article on page for details.

Resources

KY Access www.kentuckyaccess.com

(866) 405-6145 Kentucky Access is a state authorized health plan that offers medical coverage to Kentuckians who find it difficult to obtain health insurance in the individual insurance market.

Sign Language Interpreter www.state.ky.us/agencies/kcdhh/main.html

Click on "Access Center," then "Interpreter Directory," then "Certified Interpreter in Regional Order," and finally on the county you need an interpreter for.

HIPAA

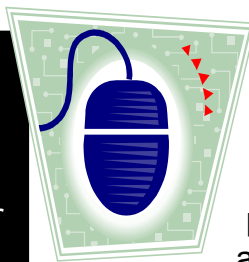
The Office of Civil Rights (OCR) has a toll-free number for callers with questions about the HIPAA Privacy Rule. Persons may call 866-627-7748 to reach the call center.

If you are aware of resources you wish to share with others, please let us know so we can share with others.



TBI & Substance Abuse: A Webcast for You

June 19, 2003
1:00pm-3:00pm (EST)
 Large Conference Room B
 100 Fair Oaks Lane, 4th Floor
 Frankfort KY



This webcast is hosted by the National Association of State Head Injury Administrators for the purpose of building capacity across agencies to improve access to programs and services for persons with TBI and their families. Consultation, collaboration,

and integrative approaches are discussed from a systems perspective. Preparatory materials will be available to those signed-up to attend. We will have the opportunity to pose questions to the panel via email from the site and time will be reserved for that purpose. There is no registration fee; however, seating is limited to approximately 30 persons—seats will be available to the first persons to contact Susan Tatum in our office at (502) 564-3615 or by email at susan.tatum@mail.state.ky.us. For those unable to attend, an archived version of the program will be available from NASHIA's web-site & www.nashia.org.

Task Force on Services and Supports for Individuals with Acquired Brain Injuries

The Legislative Task Force on Services and Supports for People with Brain Injuries was reauthorized in the 2003 legislative session. The Legislative Research Commission is now in the process of obtaining appointments to the Task Force and it is hoped that the Task Force will begin its work in the near future. The Task Force will be charged with the responsibility to address:

- Mechanisms to make an accurate estimate of the number of adults and children with acquired brain injuries that receive publicly funded services;
- Changes to existing administrative regulations governing existing publicly funded programs that would increase access to services and supports for individuals with acquired brain injuries;
- The elimination of barriers to the access and provision of services, including but not limited to a centralized information and referral source and increasing the number of professionals skilled in the area of brain injury;
- Strategies to develop intensive inpatient services that provide crisis stabilization, specialized evaluation, and treatment for adults with acquired brain injuries;
- Strategies to increase the effectiveness of services to individuals with acquired brain injuries receiving public services outside of the existing brain injury programs;
- Strategies for the decriminalization of individuals with acquired brain injuries; and
- Strategies to increase the employment of vocational training and educational services to individuals with acquired brain injuries.

For information about the schedule of Task Force meetings, please feel free to call the BISU at 502-564-3615. Persons with brain injuries or their family members may call the BISU toll free at 800-374-9146.

A Website YOU can use!

We are in the process of redesigning the Division of Mental Health website and are particularly interested in your input for the Brain Injury Services aspect of the website. Please let us know what you would like to be able to access from our site! Please take a look at the web-site at:

<http://dmhmrs.chr.state.ky.us/braininjury/>

Please let us know what type of information/resources you would like to access from this site:

- ☐ Training Calendar
- ☐ Provider List
- ☐ Forms _____
- ☐ Documents _____
- ☐ Other _____

Please call Susan Tatum at (502) 564-3615 to share your thoughts or mail this completed form back to:

Susan Tatum, Brain Injury Services Unit, 100 Fair Oaks 4W-C, Frankfort KY 40621-0001



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100 Fair Oaks 4W-C
Frankfort KY 40621-0001



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<http://chs.state.ky.us>

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www.kycares.net

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